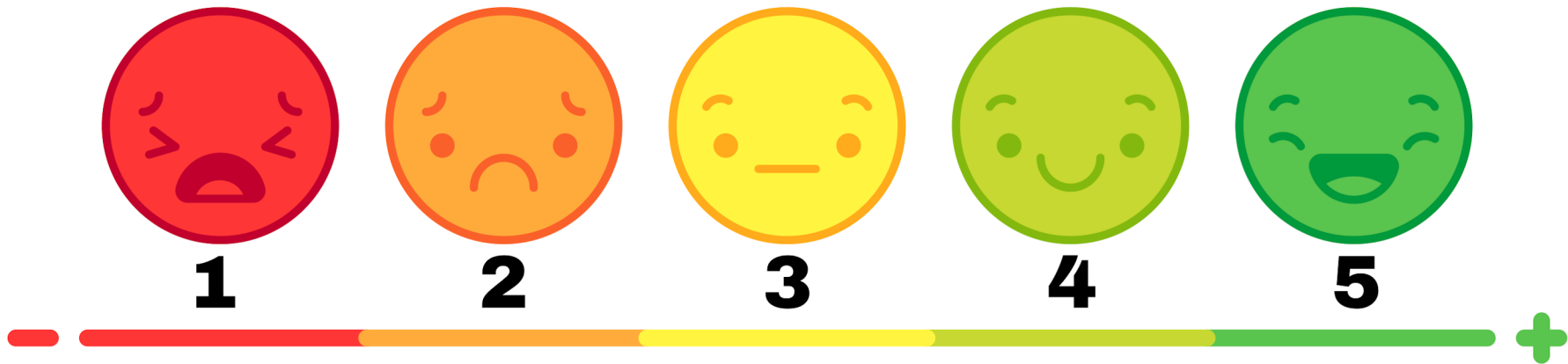


Make today  
**EPIC** How am I feeling

Date



Morning **1 2 3 4 5**

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Afternoon **1 2 3 4 5**

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Night **1 2 3 4 5**

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What went well today

What could have been better today